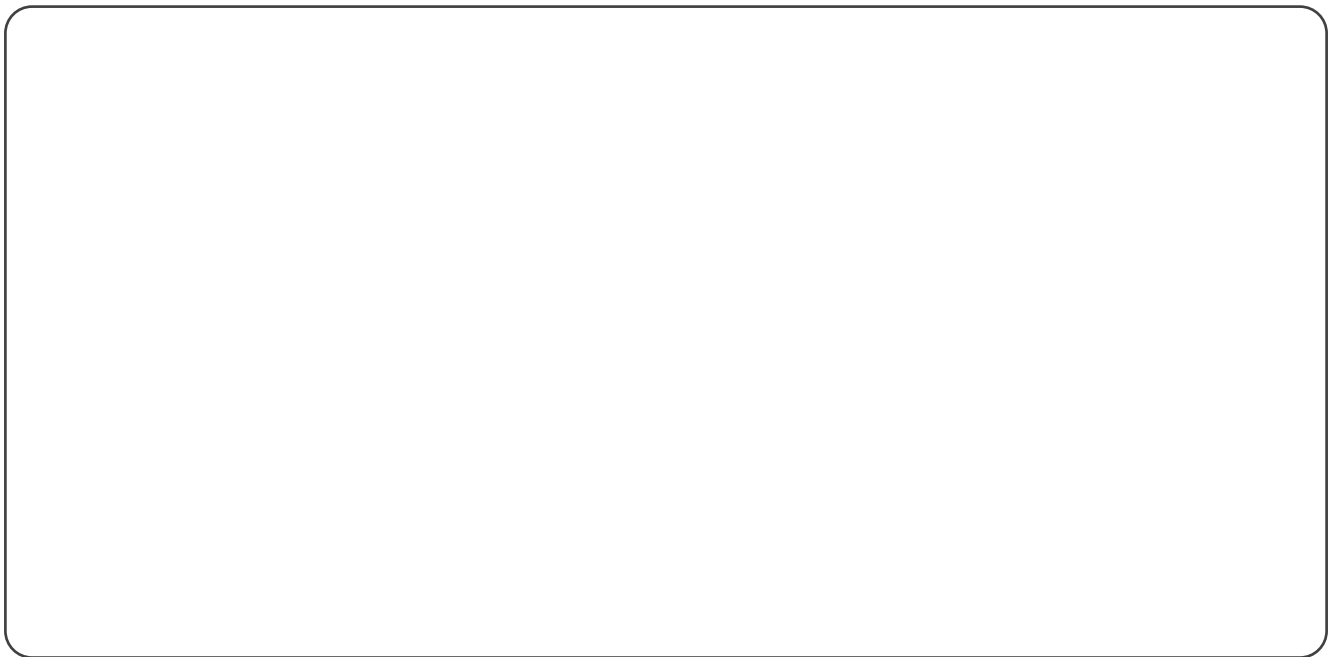


Kofi: my small brave step

Kofi explores confidence, kindness and speaking up. What could a small brave choice look like for you?

DRAW & DISCOVER

Draw yourself trying something new or helping someone.



SAY IT OR WRITE IT

My small brave step could be...

TALK TOGETHER

Who could help you? Tell your grown-up what they could say.

Together: take turns saying one kind thing about yourselves.

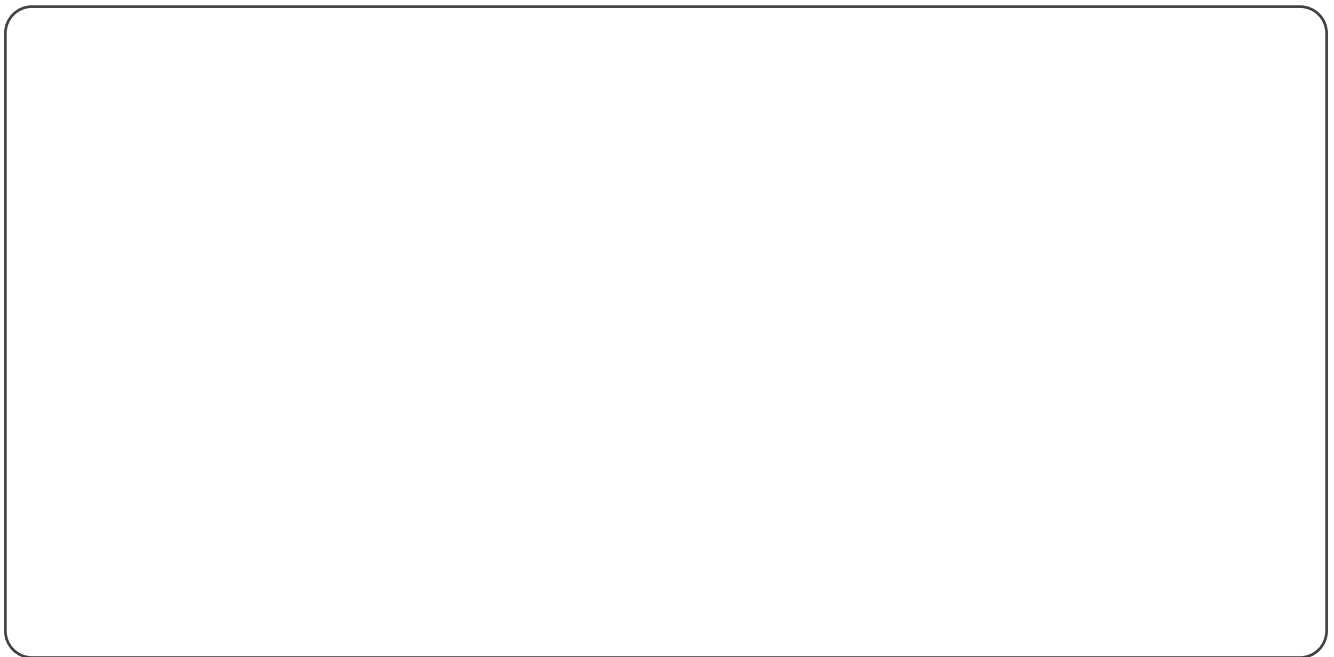
Grown-ups: read the prompts aloud. Children can draw, point, talk or write.
Use any page on its own. No book purchase needed. Print A4 at fit-to-page.

Poopie Doo: my adventure page

Poopie Doo collects family memories in her scrapbook. Make a page about a real or pretend adventure of your own.

DRAW & DISCOVER

Draw somewhere you would like to explore with your family.



SAY IT OR WRITE IT

On my adventure, I would like to notice...

TALK TOGETHER

Who would come with you? What new thing would you try?

Together: name one little memory from today that you want to keep.

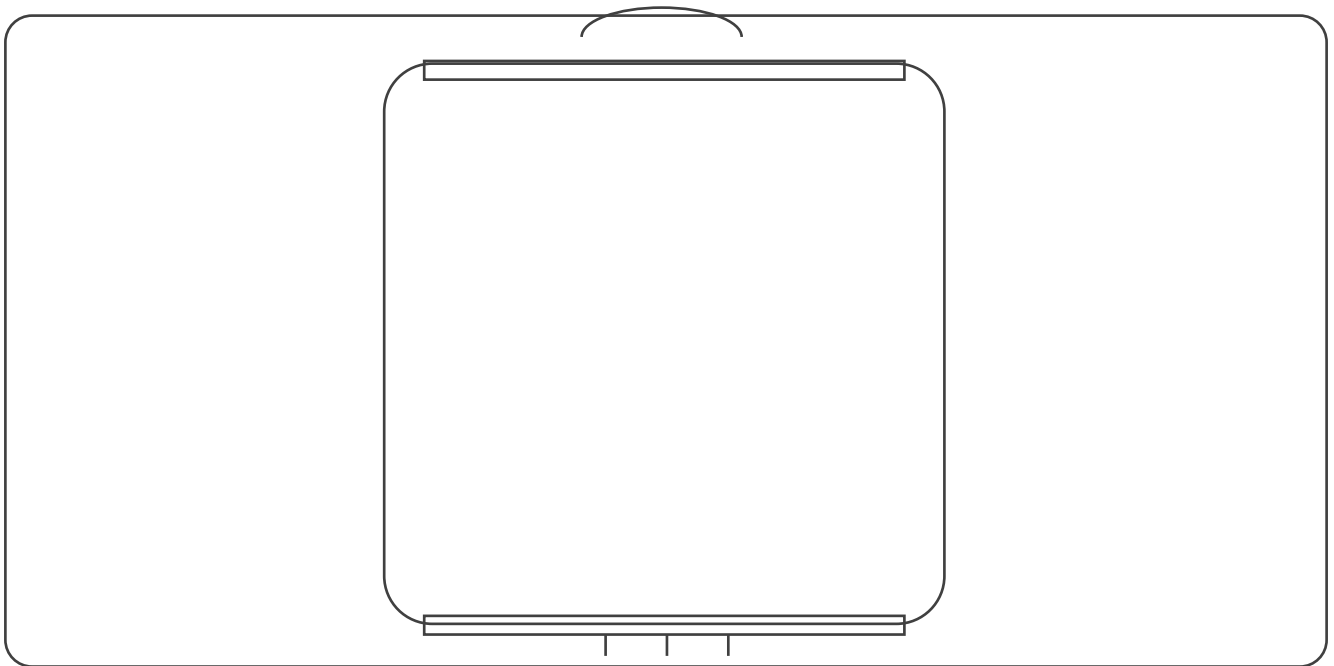
Grown-ups: read the prompts aloud. Children can draw, point, talk or write.
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Wei Wei: a lantern of kindness

Wei Wei discovers how kindness can bring light to others. Fill your lantern with a kind idea.

DRAW & DISCOVER

Decorate the lantern. Draw a kind action inside it.



SAY IT OR WRITE IT

One kind thing I could do is...

TALK TOGETHER

How might the other person feel? How might you feel?

Together: choose one kind action to try today.

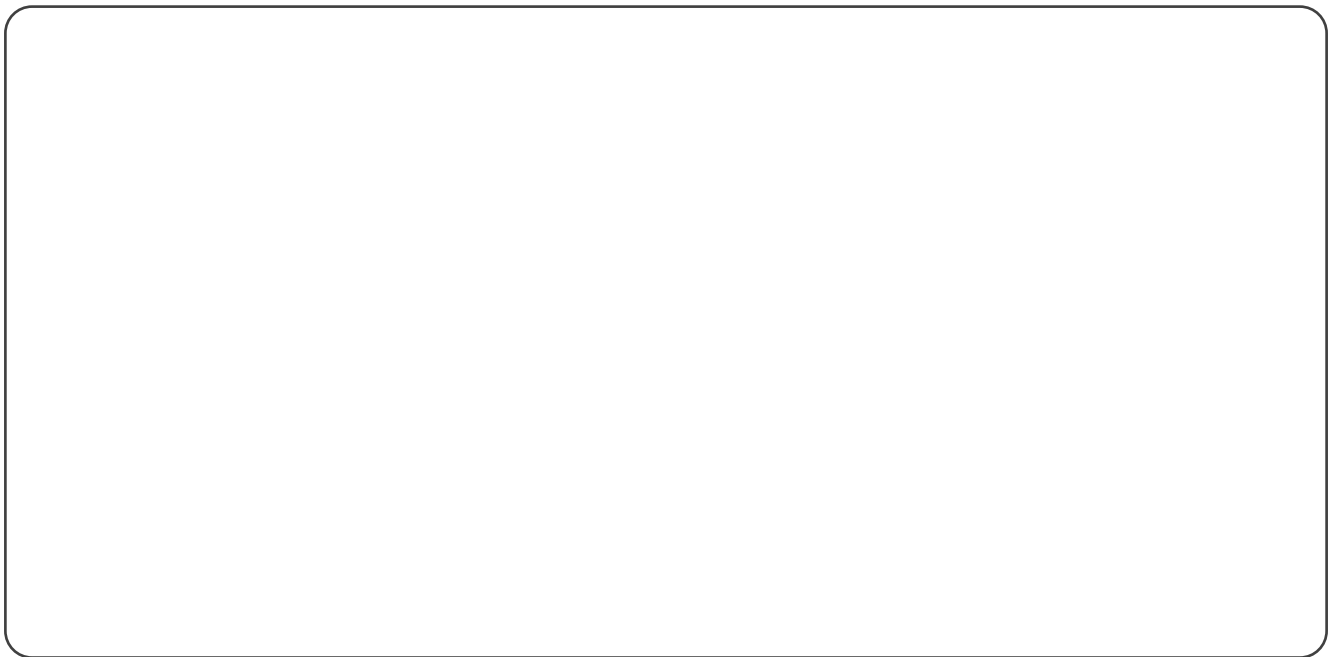
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Fatema: my gratitude garden

Fatema learns about hope, patience and caring. Imagine a garden filled with things you are thankful for.

DRAW & DISCOVER

Draw three flowers. In each one, draw something you are thankful for.



SAY IT OR WRITE IT

Something I can care for is...

TALK TOGETHER

What needs time to grow? Who helps you when waiting feels hard?

Together: each share one thing that made you smile today.

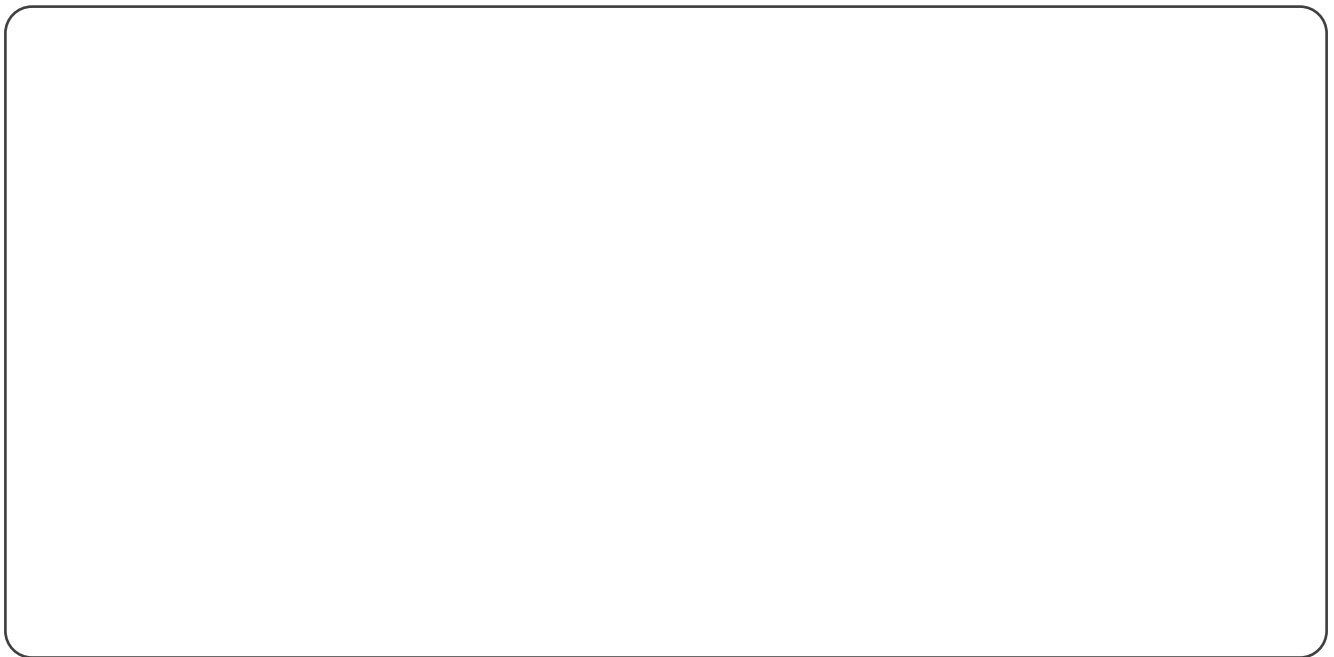
Grown-ups: read the prompts aloud. Children can draw, point, talk or write.
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Milo: my story-detective notes

Milo D. Clown and Constable Coco Moko look carefully and ask questions. Be a detective with any story you enjoy.

DRAW & DISCOVER

Choose a story picture. Draw three details you spotted.



SAY IT OR WRITE IT

One detail that made me curious was...

TALK TOGETHER

What do you think happens next? Which detail gave you that idea?

Together: compare your ideas. Could there be another explanation?

Grown-ups: read the prompts aloud. Children can draw, point, talk or write.
Use any page on its own. No book purchase needed. Print A4 at fit-to-page.